



Impact Report 2025



## A message from our directors:

2025 was a tumultuous year. The erosion of our country's safety nets and the threats to immigrant populations left marginalized people even more vulnerable. Our clients, approximately 40% of whom are Spanish speakers, were directly affected, and our staff stepped up to support them with skill, consistency, and lived experience. In addition to listed services – online classes, mentorship, and labor and delivery support – staff provided support with paperwork and spent hours helping clients connect with safe resources.

We are proud of what MAYA has accomplished, and we are clear-eyed about the work ahead. Sustaining high-quality, culturally responsive perinatal support requires stable funding, strong partnerships, and a community that understands the stakes. As we grow, we remain committed to transparency about our challenges and to building the infrastructure our staff and clients deserve.

Thank you to everyone – donors, volunteers, advocates, and community members – who made this year's progress possible. Your support strengthens our capacity to show up for families with the consistency and dignity they are owed.

Amber Edmunds & Christy Cozby  
Directors, MAYA Organization

### Impact Snapshot

73

Births supported by  
MAYA doulas

181

Incarcerated  
women uplifted

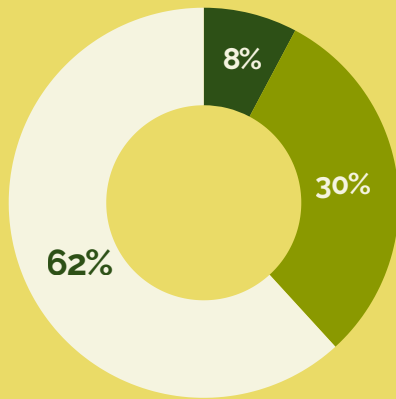
639

Birthing people  
empowered

"Thank you all so much for all the emotional support you've given us, for the time you dedicate to us every day, for all the learning you provide. Without MAYA, my pregnancy wouldn't have been the same."

"I love how I could be open and free and not be judged. I learned how to manage my mental and physical health"

Funds Raised  
**\$521,459**



## 2025 Spending

- Fundraising  
\$40,460
- Administration & Civic Engagement  
\$158,409
- Program  
\$321,582

# Our Programs

### Labor & Delivery Support

MAYA's qualified doulas attend the births of marginalized birthing people, providing physical and emotional support and advocacy.

**100%** of doula clients reported **improvements in stress** and **better communication with providers**.

### Perinatal Empowerment Services

MAYA's mentors, doulas, and educators provide a range of classes on prenatal and postpartum topics as well as one-on-one support.

**90%** of frequent program participants reported **improved ability to advocate for themselves**.

**98%** reported **increased knowledge of childbirth & infant care**.

### Hope for Incarcerated People

MAYA's counselors run weekly psychoeducational groups in Allegheny County Jail, fostering emotional resilience and hope for incarcerated women.

**81%** of participants said that they had learned to **make sense of and manage trauma**.

# Thank you To all our friends and donors

## With much gratitude to our supporters:

Allegheny County Department of  
Human Services  
Allegheny County Medical Society  
Foundation  
Anonymous foundation  
Birmingham Foundation  
Cahouet Foundation, Ann and Frank  
Eden Hall Foundation  
FISA Foundation  
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Opportunity Fund  
Palumbo Charitable Trust, A.J. and  
Sigismunda  
Pittsburgh Foundation  
Staunton Farm Foundation  
University of Pittsburgh  
YWCA Greater Pittsburgh

"I had never had any experience  
with a doula before, and it was the  
best thing that ever happened to  
me."



## Your gift buys:



\$50

A large box of  
diapers



\$300

Series of 8  
childbirth  
education classes



\$600

One doula-assisted  
birth